



Quotes

Rhythm & RESILIENCE
with Dr. Michelle Robin

“We need to keep the learning fun.”

- MEREDITH SUAREZ

DAY 20
Guests: Meredith Suarez



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“Have an attitude of gratitude.”

- MEREDITH SUAREZ

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“Always remember to take time to pause, to have gratitude for the blessings you've been given.”

- MEREDITH SUAREZ

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“Look for the helpers.”

- FRED ROGERS

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Mentioned In The Video

Junior Achievement Kansas City: <https://jagkc.org>

AKC Learning Link Guide: <http://ow.ly/ISta50z1r62>

JAKC E-Newsletter: <http://ow.ly/T6IE50zuvWV>

401K Race: <https://greaterkansascity.ja.org/events/virtual-4-01k-race-for-financial-fitness>

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