



## Quotes

Rhythm & RESILIENCE  
with Dr. Michelle Robin

*"A real giver is a generous receiver, those are two sides of the same coin."*

- EDITH VARLEY

DAY 15  
Guest: Edith Varley



Rhythm & RESILIENCE  
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*"I believe the most valuable, renewable resource in the world is the Human Spirit."*

- EDITH VARLEY

DAY 15  
Guest: Edith Varley



Rhythm & RESILIENCE  
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*"The root of all conflict is unmet expectations."*

- EDITH VARLEY

DAY 15  
Guest: Edith Varley



Rhythm & RESILIENCE  
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*"I try to put a smile on God's face. And ask, am I your instrument of peace in this world?"*

- EDITH VARLEY

DAY 15  
Guest: Edith Varley



## Books Mentioned In The Video

**Boundaries: When to say yes, How to Say No to Take Control of Your Life** by Henry Cloud & John Townsend

[https://www.amazon.com/dp/0310351804/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_U\\_ki10EbH0M1M29](https://www.amazon.com/dp/0310351804/ref=cm_sw_em_r_mt_dp_U_ki10EbH0M1M29)

**The Purpose Driven Life: What on Earth am I here for?** by Rick Warren

[https://www.amazon.com/dp/031033750X/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_U\\_Ni10EbARGVRRS](https://www.amazon.com/dp/031033750X/ref=cm_sw_em_r_mt_dp_U_Ni10EbARGVRRS)

**The Economics of Higher Purpose** by Robert E Quinn & Anjan V Thakor

[https://www.amazon.com/dp/1523086408/ref=cm\\_sw\\_em\\_r\\_mt\\_dp\\_U\\_-i10EbWPK3EQ8](https://www.amazon.com/dp/1523086408/ref=cm_sw_em_r_mt_dp_U_-i10EbWPK3EQ8)